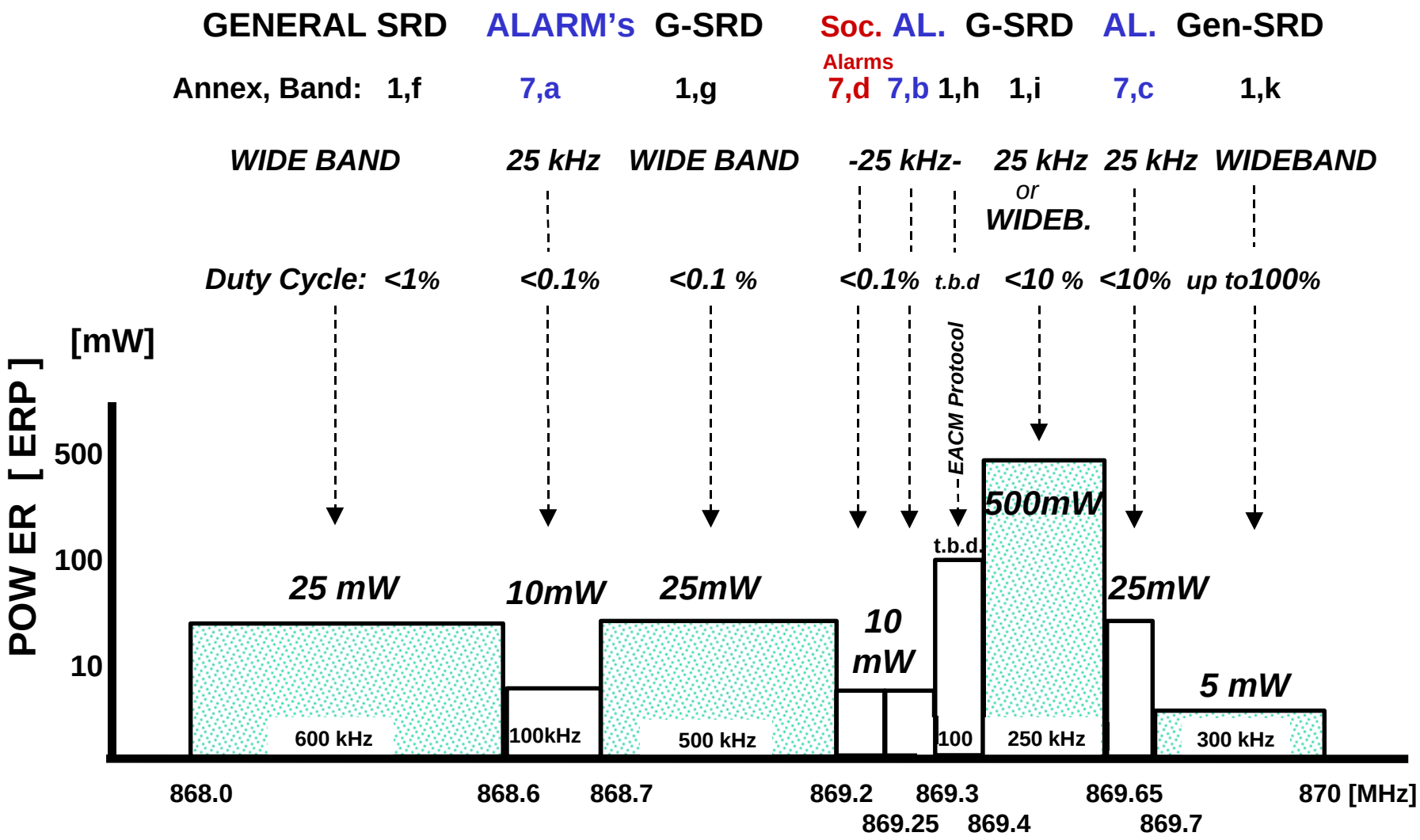CEPT/ERC Rec 70-03, 868 MHz Band Plan